

## 4th Installment

Cost - \$606.00

<u>Item</u>	<u>Quantity</u>	<u>Price</u>
Fruit	75 Cans	\$72.00
Vegetables	55 Cans	\$40.00
Pasta Sauce	8 Lg. Jars	\$32.00
Meat	40 Lbs.	\$126.00
Water	135 Gal.	\$135.00
Soup	16 Lg. Cans	\$22.00
Jelly	64 Oz.	\$7.00
Pancake Mix	20 Lbs.	\$12.00
Powdered Milk	30 Lbs.	\$22.00
Powdered Eggs	2 Lbs.	\$6.00
Mac & Cheese	15 Boxes	\$8.00
Toilet Paper	72 Rolls	\$36.00
Laundry Soap	253 Oz.	\$20.00
Paper Towels	24 Rolls	\$30.00
Pine Sol	175 Oz.	\$9.00
Sandwich Bags	500	\$9.00
Trash Bags	200	<u>\$20.00</u>
Total Cost		<b>\$606.00</b>

## Additional Items

You may want to consider these additional items based on your families needs.

Spices	Medicines
Beans	Formula
Pancake Syrup	Diapers
Cereal	Toothpaste
Oatmeal	Deodorant
Bath Soap	Shampoo
Animal Food	

**Estimated Cost - \$2,164.00**

**Values based on pricing at  
Costco and Smart & Final**

### **Interpreting the Times**

Interpreting the Times is a radio broadcast ministry of Standing Stones Community Church. You can listen to pastor Dave every Thursday on KXEG 1280 am at 4:30 pm.

Compliments of:  
Interpreting The Times  
[www.interpretingthetimes.com](http://www.interpretingthetimes.com)  
888-500-1337



*Jeremiah 1:17*

*“Get yourself ready! Stand up and say to them whatever I command you. Do not be terrified by them, or I will terrify you before them.*”

**Family of 3**

**6 Month Food  
Supply**

This Food Storage brochure will help you with the process of starting a food pantry for your family that would last you for 6 months.

## 1st Installment

Cost - \$516.00

<u>Item</u>	<u>Quantity</u>	<u>Price</u>
Fruit	75 Cans	\$72.00
Vegetables	55 Cans	\$40.00
Nuts	10 Pounds	\$30.00
Crackers	6 Boxes	\$18.00
Potatoes	20 Lbs.	\$6.00
Pasta Sauce	8 Lg. Jars	\$32.00
Meat	20 Lbs.	\$63.00
Pasta	12 Lbs.	\$12.00
Water	135 Gal.	\$135.00
Rice	25 Lbs.	\$9.00
Flour	25 Lbs.	\$8.00
Sugar	20 Lbs.	\$12.00
Powdered Milk	30 Lbs.	\$22.00
Powdered Eggs	2 Lbs.	\$6.00
Salt	6 Lbs.	\$3.00
Soup	16 Lg. Cans	\$22.00
Cooking Oil	5 Quarts	\$9.00
Peanut Butter	6 Lbs.	\$9.00
Mac & Cheese	15 Boxes	<u>\$8.00</u>
	Total Cost	<b>\$516.00</b>

## 2nd Installment

Cost - \$505.00

<u>Item</u>	<u>Quantity</u>	<u>Price</u>
Fruit	75 Cans	\$72.00
Vegetables	55 Cans	\$40.00
Nuts	10 Pounds	\$30.00
Crackers	6 Boxes	\$18.00
Potatoes	20 Lbs.	\$6.00
Pasta Sauce	8 Lg. Jars	\$32.00
Meat	20 Lbs.	\$63.00
Pasta	12 Lbs.	\$12.00
Water	135 Gal.	\$135.00
Rice	25 Lbs.	\$9.00
Sugar	20 Lbs.	\$12.00
Powdered Milk	30 Lbs.	\$22.00
Powdered Eggs	2 Lbs.	\$6.00
Soup	16 Lg. Cans	\$22.00
Cooking Oil	5 Quarts	\$9.00
Peanut Butter	6 Lbs.	\$9.00
Apple Sauce	12 Lbs.	<u>\$8.00</u>
	Total Cost	<b>\$505.00</b>

## 3rd Installment

Cost - \$537.00

<u>Item</u>	<u>Quantity</u>	<u>Price</u>
Fruit	75 Cans	\$72.00
Vegetables	55 Cans	\$40.00
Crackers	6 Boxes	\$18.00
Pasta Sauce	8 Lg. Jars	\$32.00
Meat	40 Lbs.	\$126.00
Water	135 Gal.	\$135.00
Pasta	12 Lbs.	\$12.00
Rice	25 Lbs.	\$9.00
Flour	10 Lbs.	\$8.00
Sugar	20 Lbs.	\$12.00
Honey	6 Lbs.	\$13.00
Soup	16 Lg. Cans	\$22.00
Mac & Cheese	15 Boxes	\$8.00
Mustard	5 Lbs.	\$5.00
Ketchup	8 Lbs.	\$7.00
Mayonnaise	4 Lbs.	\$5.00
Bisquick	6 Lbs.	\$6.00
Fruit Juice	12 Gal.	<u>\$7.00</u>
	Total Cost	<b>\$537.00</b>

*All items are suggestions based on daily needs for a family of four. Please feel free to modify quantities or items based on your families likes, needs, or size.*

